

# The Shamanic Journeys & Alchemical Healing Newsletter

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#### Dear Friends,

What a strange winter it's been. The Pacific side of the country has been dry and hot relative to the historical averages while the eastern half has been pummeled with arctic blasts, one after the other. Unfortunately, our nation's lawmakers along with the majority of citizens, live in the refrigerated side.

I saw a story in the news last week: the chairman of the Senate Environment and Public Works Committee was holding up a snowball claiming it was evidence that the climate was not warming. I can't believe that man is actually that ignorant. Rather, he and other politicians are earning their gigantic contributions from the fossil fuel lobbyists. The lobbyists for the big tobacco interests weren't stupid, either; they kept the argument about cancer going for decades, just as coal and oil interests are arguing that we need more time consuming studies be done before we can accept the climate/pollution connection.

Meanwhile, the most important things we can do are to educate ourselves and make sure to spread the truth in a way that fosters change at a fundamental level, and in the dysfunctional legislative bodies that

make our laws and regulations.





Ma'at

*The Egyptian goddess* Ma'at stands firmly on *her plinth as the goddess* of truth, justice, balance and order—Cosmic Law, not people's law. This winged goddess is the source of what later became known as Lady Justice, and depictions in Greece, Rome, Switzerland, Japan and other cultures, including our own judicial system show her blindfolded with scales in one hand and a

sword in the other.

In ancient Egypt, every child was brought up knowing that their main purpose in life is to serve Ma'at—the truth, morality, order and balance of the Universe. The main deity that is the Guardian of Ma'at was and still is Sekhmet, the Lioness headed goddess, daughter of Ra, the Feminine Face of the Sun, Lady of Flame, who appears whenever things get out of balance in the world in order to put things back into order and balance. This daunting task, according to her legend, sent her into a rage and consequent slaughter and carnage from which the human species barely survived.

It is becoming more and more clear that each of us in our way is a guardian of Ma'at, a responsibility to which it is time to awaken and embrace with the passion and courage of Sekhmet's fierce companion.

I know that many of you are already passionately working on the causes that touch you most deeply, and yet for many of us, life attacks in the most distracting ways, causing us to procrastinate and put off doing the things we need to be doing, not just for the planet, but for ourselves as well.

Meanwhile, Sekhmet is calling, and her call is becoming a roar that cannot be ignored. We see the face of her growing rage at the disrespect and desecration of nature and one another reflected in the chaos and destruction in the cradle of civilization. Our task is to be attentive to Sekhmet's growl, to turn the tide from ignorance and misinformation that feeds the flames of rage by becoming involved in justice and quality of life issues. To become engaged with Ma'at and Sekhmet is to become engaged with one's High Self. It's from this lofty peak you can see Truth and find potential solutions and instructions for the next steps to be taken.

# Egyptian Mysteries Retreat— Sekhmet: In the Belly of the Goddess May 20 - 26 Eugene, Oregon

In answer to her call, my friend Indigo Rønlov and I will be conducting an <u>Egyptian Mysteries</u>

<u>Retreat—Sekhmet: In the Belly of the Goddess</u> Please join us May 20-26. For more information about the work see m article, <u>In the Belly of the Goddess</u>. At the time the article was written, the

scope of the transformation was much narrower. It has grown to include healing at all levels, body, mind, soul and spirit. **More** information and registration for this retreat...



### Alaska Cruise

There are still a few cabins left for the Alaska cruise. Want to play? This is a great chance to see the Inside



Passage in community with some terrific teachers and shamans.

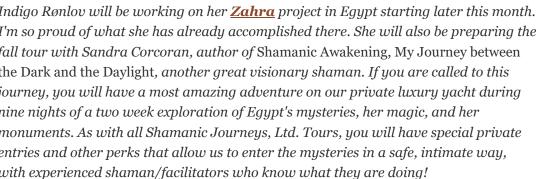
I'm thrilled! My participation is a gift to myself and those who join the conference for my 71st birthday. The tour departs from and returns to Seattle, June 12-19. Please join us and don't forget to tell them when you register you heard about it from me so that I will get the credit. Thank you.

#### REGISTER ONLINE HERE.

# Egypt with Indigo Rønlov & Sandy Corcoran

October 29 ~ November 12

Indigo Rønlov will be working on her **Zahra** project in Egypt starting later this month. I'm so proud of what she has already accomplished there. She will also be preparing the fall tour with Sandra Corcoran, author of Shamanic Awakening, My Journey between the Dark and the Daylight, another great visionary shaman. If you are called to this journey, you will have a most amazing adventure on our private luxury yacht during nine nights of a two week exploration of Egypt's mysteries, her magic, and her monuments. As with all Shamanic Journeys, Ltd. Tours, you will have special private entries and other perks that allow us to enter the mysteries in a safe, intimate way, with experienced shaman/facilitators who know what they are doing!





Indigo Rønlov

Although this modern day dahabeya has many exceptional features and amenities, (such as bathrooms in each cabin, our own private chef who deals with all of our quirky diets, internet access, spacious decks and luxurious dining and living rooms,) this tour is limited to 15 participants, and many spaces are already taken. Best to move quickly

on this one. For a peek at our boat, take a look at this video. Our hotel is the famed Mena House.

More information on this tour...

## **Alchemical and Planetary Healing Intensive Retreat**

July 29 - August 3 Eugene, Oregon



I will be offering a one-week Alchemical and Planetary Healing Intensive retreat—the operative word here is intensive! Plan to work long hours learning the form and expanding upon it in new, not yet published ways that are sure to delight beginning as well as advanced students. The work is based on, yet not limited to my trilogy, Power Animal Meditations, Alchemical Healing: A Guide to Spiritual, Physical and Transformational Medicine, and Planetary Healing: Spirit Medicine for Global Transformation, co-authored with my husband Mark Hallert. All participants must at least have read Alchemical Healing. The more you've read, studied with any of the Alchemical Healing teachers, and practiced, the deeper you will go. There are a number of teachers who will be teaching beginning classes between now and the retreat, and I am willing to give private tutorial sessions to help you learn the basic.

<u>Hathors Mirror</u>, our online store is doing quite well, thank you! I just discovered some hidden boxes of CDs, and so I'm offering a special. There are five of them, and I will sell all five for \$35 (\$7 each). If you want individual CDs, they will be \$9. Please see <u>HathorsMirror.com</u> for details.

#### **Private Sessions**

Now is a perfect time to engage me in private sessions. I am most interested in Alchemical Healing, Anubis Oracle readings, private tutoring, shamanic consulting, and spiritual guidance. I will be available for sessions ranging from one half hour to discounted sets of four hour- or 90-minute-long meetings. For any sessions that deviate from the sessions page on **HathorsMirror.com**, please call my office for a custom created way for us to work together. I will also work with couples and small groups.



I wish you a smooth change in the season, with the fragrance of flowers and/or an abundant harvest, filled with joy and surrounded with love.

Nicki

www.shamanicjourneys.com planetaryhealingbook.com

theanubisoracle.com (free readings available)

becominganoracle.com (sample journey available)

Private phone or Skype sessions with Nicki

For updated events and a full schedule, please go to our schedules page.

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