



## The Shamanic Journeys & Alchemical Healing Newsletter

- Nicki's Note
- Upcoming Tele/web/Skype Seminars with Nicki:
  - Forgiveness as a Way to Healing and Wholeness, Thursday, July 25
  - Transforming Fear with Anubis, Tuesday, July 30
  - Initiation to Sekhmet, Thursday, August 1
- New *free* Anubis Oracle Reading
- Illumination, August 1-4, Tidewater, Oregon
- Beloved Sacred Art & Music Festival, August 8 - 12
- The 26th Annual New England Women's Herbal Conference, August 23 - 25
- Egyptian Mysteries Retreat, with Nicki and Normandi Ellis, September 19 - 23 in Eugene, Oregon
- Scribing The Book of Light & Shadow: Creating Your Book of Spirit & Ritual Teleseminar with Normandi Ellis, weekly on Wednesday evenings, August 12 - October 9

*Dear Friends,*

*One would suppose that having a birthday party, even for a 70th, is a little crazy with a broken hip and during the weekend before the Oregon Country Fair, however Mark wanted to throw me a party and the first round of invitations had already gone out just before the hip accident. As it turned out, it was “epic”, and the crew of beautiful friends who turned out to help make it happen was stellar. Several friends sang for us during open mike time before dinner, and then my new favorite band, Blue Lotus, played an amazing set with a big screen psychedelic light show by Johnathon Singer and other lights by John Swan. The food prepared by Linda Wylie and Roland Barker and the ambiance directed by Amanda Starlight, Linda, Sage and the rest of the crew was over-the-top-fabulous. I can't begin to name everyone who stepped up to the plate for this one, but thank you one and all. Oh yes, and the garden— stupendous (thank you Elizabeth, Sara, Zafa, and Paul). Finally I got to share our paradise with such festivities not seen since our wedding!*

*I have only two complaints: The first is that I never was able to get all the invitations out to many of the people I love and wanted to share this with, and the second is that many of my friends and family are*



Blue Lotus on Stage at Nicki's 70th Celebration

*simply too far away! I am gathering photos for an album that I will post on my Facebook page as soon as I am able.*

*I did overdo it a bit— When the band struck up Stella Blue, which they learned especially for me, I put down*

*my cane and danced for far too long. I finally had to be helped upstairs at around 2am, but I was grinning ear to ear, and haven't stopped since.*

*I'm still recuperating, so I will keep the rest of this newsletter brief. The Oregon Country Fair was AMAZING, as usual.*

*Friday morning of the Fair I was driven to the back of Main Stage so that I could participate in the Opening Ceremony, after which I did most of my moving around the Fair in my granddaughter's stroller. Saturday I stayed home and slept, but I was back in action Sunday, co-leading discussion with Bruce Lipton. I haven't found the photos I've been looking for yet, so you'll have to imagine me entering the Rabbit Hole (the space where Bruce and I taught together) on a sedan chair, carried by four fine and muscular men. It was a smooth and delightful ride, and continued after our workshop all the way to Altared Space, where I spent most of the afternoon.*

*And so the healing continues. My deepest gratitude goes out to all those that helped make Altared Space happen in style, mostly without me, and for their deep respect and care for the spiritual contribution that Altared Space provides for Fairgoers and Fair family.*

## **Phone/Web/Skype Teleclasses**

*Thursday, July 25 at 6p.m. PST*

*Tuesday, July 30 at 6p.m. PST*

*Thursday, August 1 at 6p.m. PST*

*I have three phone/web classes coming right up. The first is Thursday (tomorrow) evening, 6-7:30pm PDT. It's on **Forgiveness as a way to Healing and Wholeness**. It's based on one of the most important processes in Alchemical Healing, a Guide to Spiritual, Physical, and Transformational Medicine. I first learned this "ho'oponopono" forgiveness process from my teacher Nadia Eagles in my first class with her in 1983. Since then I have studied so much more, and yet*



Nicki and Mark  
Photo by Indigo Ronlov



Altared Space  
by OCF Photo Guy Geoffrey Squier Silver

the essence of this Hawaiian practice remains true and seems more important than ever. Please [register here...](#)

Next Tuesday, July 30 at 6pm Pacific, is [\*\*The Alchemy of Transforming Fear with the Egyptian God Anubis, the Opener of the Way.\*\*](#) He is the underworld guide that is one of the most important in Egypt, and who has been my stalwart protector, guide and teacher throughout my studies of the Egyptian Mysteries. Anubis is known as the Divine Embalmer, and as such is a proficient alchemist. He has shown me how to use the element sulfur in this powerful alchemical process. My program will be based on the chapter Love and Fear in our latest book, Planetary Healing, Spirit Medicine for Global Transformation.

Once fear is cleared is the "purrfect" time to meet [\*\*Sekhmet, the lion-headed goddess of Egypt\*\*](#) who is the feminine face of the sun. Her name means Power, or Mighty One, and she has become very prominent during this tumultuous time of change. She is the One who is guardian of Ma'at, the goddess of cosmic Truth, justice, order and harmony. She represents balance, which Sekhmet comes to help restore.

### Special Offer

Although I initially had planned to offer the introductions to Anubis and Sekhmet separately, I recently flashed on how well the two programs go together, and how important it can be to receive both initiations as close together as possible.

So if you choose to take both introductions — to Anubis for Transforming Fear and the next class, the journey to meet and be initiated by Sekhmet Tuesday and Thursday of next week, I will charge ½ price for the second one. Registrations links: [\*\*Transforming Fear with Anubis\*\*](#) and [\*\*Meeting the Goddess Sekhmet\*\*](#)



### Free Anubis Oracle Reading

For a NEW free reading, go to [\*\*TheAnubisOracle.com\*\*](#) using the Sacred Purpose Spread. This spread creates a glyph that brings together all the teachings of the Shamanic Mysteries of Egypt. In the illustration for Composite VII, Anubis has, by taking a bite from the fruit of wisdom, entered life in the dimension of human physicality, through which he becomes the Tree of Life. He is supported by the sky goddess Nut and the Earth god Geb, who create the very portal by which he has entered the garden. It is Thoth, in his serpent form who offers the fruit. Ptah is shown with all the symbols of the manifest physical dimension pouring forth from his mouth. This glyph represents coming into wholeness.

When you cast this spread, you learn more about your sacred purpose and what aspect of your purpose you're bringing forth at this time. What part of your sacred work should you be manifesting in your life now? Where is the best place for you to be on your path? What do you need to do to manifest your goals?

Cast this spread on [\*\*TheAnubisOracle.com\*\*](#)

### Illumination

Next up is Illumination August 1-4, 2013 Tidewater Falls, Oregon. If you love drumming, singing, dancing, and conscious collaboration, if you love festival culture but want to go deeper— your heart will

*find a home at Illumination - a modern renewal of the original human technology for self-empowerment: The Sacred Fire Circle.*

*For three nights in a row, at a beautiful forested Oregon camping venue, we light a fire at midnight and co-create an extraordinary vision-quest journey of flowing music, ecstatic dance, spoken word, ritual and empowerment all through the night, until the fire sees its shadow at sunrise. These fires of transformation trigger profound insight, ecstatic wonderment, and meaningful connection with like-minded peers from across our interwoven communities.*

*Illumination—an exhilarating journey around the Sacred Fire in which we manifest our prayers and dreams through artful play... for those who want to go deeper.*

More at: [illumination.org.in](http://illumination.org.in)



## **Beloved Sacred Art & Music Festival**

*Spontaneous Evolution With Shamanism and Alchemy Workshop w/ Nicki Scully and Alexa MacDonald, Thursday, August 8 at 6:30pm*

*Mark and I are hoping to be in shape to go to Illumination, however I shall absolutely be at Beloved, our favorite Sacred Arts and Music Festival at the same venue Thursday August 8 to Monday, August 12. I will be speaking at 6:30pm Thursday evening, sharing a class I call Spontaneous Evolution with Shamanism and Alchemy, including singer-songwriter Alexa MacDonald.*

*Although there are no tickets left for this year, you need to know about this, and those on my list who are going need to know I will be doing my main workshop on Thursday, as the official opening is Friday morning. I have another surprise for you on Friday night.*

*And finally for me this summer, one of the most magical gatherings, The 26th Annual New England Women's Herbal Conference Honoring the Wisdom of Our Ancestors August 23 ~ 25, 2013*

*I will be sharing three workshops there, including a four-hour intensive. If you haven't had the opportunity to experience this gathering, this is the time! There will be amazing teachers, and although I have not yet been to this new venue, my years of experience with Rosemary Gladstar and the joy, delight and wisdom shared at her events goes back to the mid-70s. She was my inspiration to earn something worth teaching, and the underlying influence on how to produce any event or gathering. Please join me at this epic event!*

[belovedfestival.com](http://belovedfestival.com)

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*August 23 ~ 25, 2013  
Camp Wicosuta, New Hampshire*

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Visit [WomensHerbalConference.com](http://WomensHerbalConference.com) for schedule, ticketing, etc.

## **Exploring the Great Work: An Egyptian Mysteries Retreat**

*Thursday - Monday, September 19 - 23  
with Nicki and Normandi*

*Please keep Egypt in your prayers. We still have a full tour set for October, and are praying every day for a stable government to emerge. There is no place like Egypt to do the planetary Healing work, however we do have a fully consecrated (although hidden) temple here at my home/center, where Normandi Ellis and I will be offering our mostly annual **Egyptian Mysteries Retreat September 19-23**. We have discovered that because we are staying in one place throughout, we can hold our focus and go more deeply than we could have imagined when we started building the temple and exploring the mysteries back in the 1990s. More information on this retreat [here...](#)*



*Blessings and Love,  
Nicki Scully*

## **Scribing The Book of Light & Shadow: Creating Your Book of Spirit & Ritual**

*Live Telephone/Web/Skype Seminar with Normandi Ellis*

**8 classes, held Wednesdays, August 21 - October 9th  
9 pm EDT and 6 pm PDT**

The relationship you have with yourself matters. The relationship you have with your spiritual self creates matter. The first sentence describes the deep psychological process of exploration that occurs in any depth journal writing. The second sentence lies at the heart of your intention for writing the spiritual journal. This class will do both.

The idea is not simply to record your thought but to monitor how your thought manifests in a life, and subsequently to use thought and choose thoughts to assist you in the creation of your life.

**Normandi's Metaphysical Journal**

We are talking about creating your own sourcebook of ritual and shamanic exploration, what some have called the Book of Shadows. I think of it connected to the Book of the Dead as well as the magnificent texts that were a part of every temple library, written on walls and upon scrolls.

 Jung's Red Book

This book shows us the transformative power of full spiritual light that goes into the depths of the duat, the hidden realm in ancient Egypt or the underworld of the Greeks, and emerges again in time like the brilliant solar energy of the sun.

For eight Wednesdays you will be engaged in the major work of the metaphysician—learning to use seed thought meditations, exploring automatic writing in spirit contact with your guides, recording your processes, insights, experiences, ceremonies & results. Whether engaged in astrology, Tarot, full moon ceremonies, dreams, or simply self-exploration, this class offers ways to enhance any magical or ceremonial practice by keeping a spiritual and ritual journal.

[Register Online](#)

Questions? Email Normandi: [ellisis@gmail.com](mailto:ellisis@gmail.com)

*More about Normandi here: [NormandiEllis.com](http://NormandiEllis.com)*

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**[www.shamanicjourneys.com](http://www.shamanicjourneys.com)**

**[planetaryhealingbook.com](http://planetaryhealingbook.com)**

**[theanubisoracle.com](http://theanubisoracle.com) (free readings available)**

**[becominganoracle.com](http://becominganoracle.com) (sample journey available)**

**Private phone or Skype sessions with Nicki**

**For updated events and a full schedule, please go to our [schedules page](#).**

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