



Awakening the Power of Alchemical Healing

By Nicki Scully

Alchemy is the process of turning the base substance of who we are, the dark mystery of our subconscious--into the alchemical gold of knowledge and enlightenment. Like carbon that undergoes tremendous amounts of heat and pressure in order to become a clear, hard, exquisite diamond, we master our lives and achieve clarity and brilliance through the management of pressure and our adversarial conditions. Modern alchemy is emerging as one of the most powerful tools for transforming our reality, and Alchemical Healing, the comprehensive form that I developed during more than a quarter century of research and practice, is an important vehicle for those who would heal themselves, and others.

Alchemical Healing provides ways to weave spirit and matter, to develop communications between divinity and humanity, to retrieve knowledge, and to transform magical experience into wisdom in order to skillfully influence physical reality and achieve healing. It honors the accumulated wisdom of the Earth and humankind, both in written and oral traditions, and offers entry into the magical realms of intuition and limitless knowledge.

Many ancient traditions and all the resources of nature become accessible to assist the practitioners of Alchemical Healing. Spirit allies such as animal totems, plant spirits, and deities of various pantheons are invited to bring their intelligence and unique attributes to the process, greatly expanding the scope of healing possibilities. Through an initiatory rite, the five elements of Earth, Water, Fire, Air, and Akasha are woven into the hands of Alchemical Healing students, who are then able to use the Universal Life Force energies with exponential potency and precision. The fusion of diverse and innovative techniques of shamanism with energetic healing and the principles of alchemy, creates a form that is practical and applicable in today's world for physical healing, therapeutic counseling, and spiritual growth.

Healing is by nature an alchemical process. With clear intention and resolve, we learn to use our adversarial situations to help us grow spiritually, emotionally, and even physically, which opens a myriad of possibilities regarding how we choose to live our lives and how we relate to one another and the world.

All people have inherent healing abilities that, for the most part, are not recognized or acknowledged in our culture. Although our population has burgeoned since the industrial revolution and the advent of modern medical technology. Many of the simple, effective, and free or easily affordable cures have been lost and largely forgotten. Western culture suffered a severe setback in this regard during the Inquisition, when healers were considered heretics and burned at the stake. In our rush for freedom in the New World, we assumed that the original inhabitants of this land were primitives, and in our arrogance, laid waste to thousands of years of cultural and spiritual development that had preceded us here. Regardless of our race or where we came from, most of us have been cut off from the wisdom of our ancestors for so long that we need help to remember ourselves. It is time to reclaim the power and pathways to knowledge that are buried deep within our psyches and our DNA. Within us dwell all the memories of our ancestors. and the ability to more fully comprehend new mysteries bursting forth from our unfolding universe. We are all mystics and sages waiting to remember what we've misplaced.

We are living during an unprecedented explosion of technology; now it is time to catch up with an equal explosion of spirituality. In the course of remembering, we are not limited to what is in our own heads; we have access to the gestalt of the entire accumulated wisdom in the fullness of time. The goals of this discipline are the reawakening of our inherent healing powers and our transformation into a higher awareness of our potential to navigate the mysteries of this miraculous life. Alchemical Healing is both a school of knowledge and a spiritual path to an enlightened state of presence