

# Alchemical Healing Practice Log

Your Name

Date

Name of Client

Duration of Session

## Desires and Issues

Preparation – How did you prepare before the client arrived, Heart Breath?, Fire Mist?, Caduceus?, Set Space?, Set Intentions?, Call in Allies and Guides?

How did you begin the session?

***The Principles (review the 4 principles as needed on pg. 288)***

Personal Skills – knowledge of skills - experience & focus - discrimination & communication - invocation

Spirit Realm – help & guidance - contribution of spirit allies

Divine Intervention – Holding space for the mystery

Gratitude – Honoring the plants, totems, entities & elements

*The Rules of Alchemical Healing (review the 4 rules as needed on pg. 150)*

Was anything removed? Where did you put it?

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If you removed something, how did you fill any voids?

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Did you open their field? If so, how did you close it?

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What did you do to Disconnect?

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*Additionally*

Was there any Homework given? :

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Follow-up needed?:

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What did you learn?

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Anything else?

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